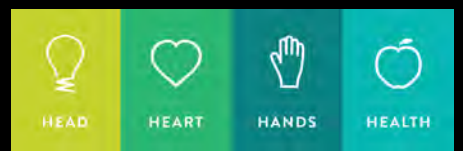


Flint Hills District 4-H News

Council Grove Office: 620-767-5136
Cottonwood Falls Office: 620-273-6491
Website: www.flinthills.k-state.edu/4-h
Facebook: [flinthillsdistrictksre](https://www.facebook.com/flinthillsdistrictksre)

Shandi's E-mail: sdandres@ksu.edu
Shannon's E-mail: sp Spencer@ksu.edu
BettyAnn's Email: byeager@ksu.edu



SEPTEMBER 2021

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2021 State Horticulture Judging

Three Flint Hills District 4-Hers participated at the State 4-H Horticulture Judging Contest on the K-State Manhattan campus on Saturday, August 14, 2021. Those 4-Hers that participated were Trinadee Feters and Mark Andres from Morris County, and Kinslea Glanville from Chase County. The contest consisted of three parts: a written exam, quality judging, and identification.



Trinadee Feters, Kinslea Glanville, and Mark Andres pictured participating at State Horticulture Judging.

All Breeds Junior Dairy Show

The Kansas All Breeds Junior Dairy Show took place on August 12th-August 14th. Those that participated were: Dusty Carson, Gavin Carson, Gus Carson, Lawson Carson, and Mandy Wainwright.

Record Book Recording

A record book workshop was held via zoom on Monday, August 9 at 7 pm. The link to the meeting recording can be found at the link: <https://ksu.zoom.us/j/95iKIKJPF-Haje.VZ6bEyromJfwWgr4>

Access Passcode: FHD4Hclovers!

Forms for record keeping are on the website:

<https://www.flinthills.k-state.edu/4-h/district-record-keeping/recordbooks.html>

If you have any questions in navigating the new process, please reach out.

4-H Activities & Training

Livestock Sweepstakes

The 2021 Livestock Sweepstakes was held on August 21st-August 22nd on the K-State Manhattan campus. The weekend consisted of Livestock Judging, Meats Judging, Livestock Skillathon, and Livestock Quiz Bowl. The Flint Hills Extension District was represented well this year.

Those who participated in the Livestock Judging Contest were Castyn Andres, Cooper Andres, Carissa Dalquest, Cassidy Dalquest, and Lakoddah Downes. Participants judged 9 classes and gave 4 sets of reasons during the contest. High scoring individual of the group was Carissa Dalquest, who placed 6th overall in the Swine category and 24th overall out of the 227 participants. The team consisting of Castyn, Carissa, Cassidy, and Lakoddah placed 11th overall!

A team of four participated in the meats judging contest. Castyn Andres, Cooper Andres, Ian Effland, and Nolan Effland. All team members placed six classes and completed meat identification on 30 cuts. Intermediates answered questions on one placings class. The team placed 13th overall.

Castyn Andres, Cooper Andres, and Lakoddah Downes also participated in the Skillathon portion of the contest. This consisted of individual components of an exam and identification of six classes related to care and knowledge of livestock (Equipment ID, Feed ID, Meat ID, Breed ID, Hay and Forage) as well as three team activities. The team placed 15th overall. Congratulations to the 4-Her's on their participation!

NE Area Leadership Event (NELE)

Kansas 4-H is Falling into Leadership! 4-H members ages 12 to 18 are invited to the NE Area 4-H Leadership Event (NELE), Saturday, October 16, 9:30 a.m. to 5 p.m. in Heritage Hall at Rock Springs 4-H Center! NELE is led by the Northeast Area youth council representatives. Delegates can sign up for multiple classes. Adult sessions are also available. Registration is \$30 which includes lunch, snack and t-shirt. Please register by September 27 at: <https://cvent.me/lzxY0g>. Don't miss this opportunity to meet new people, learn new leadership skills, and enjoy fun classes!

Kansas Youth Leadership Forum (KYLF)

The Kansas Youth Leadership Forum (KYLF) has been scheduled for November 20-21 at Rock Springs Ranch. KYLF is for youth ages 14-18 before January 1, 2022. This event will feature leadership workshops, Youth Council Elections, and opportunities to learn and have fun. The goal of KYLF is to build leadership skills through workshops, consulting groups, inspirational speakers and more. Registration opens in late August/early September. The deadline to register is October 15th at an early bird rate, or before November 1st at the regular rate. Please contact either Shannon or Shandi with any questions regarding this event.

2022 4-H Camp at Rock Springs Ranch

Families should receive a paper mailer from the State 4-H office with an update regarding camp for next year. Sign up for 2022 camp will use the link: <https://www.rockspringsranch4hcamp.org/>. Early bird registration for 4-H families will open September 1, and this website will be the hub for all 4-H camp information. They are offering a tiered pricing model for families to select from. A 10% early bird 4-H discount will be offered and run through October 31. At the time of registration, campers will be required to make a 10% deposit, with the rest paid in full by May 1. They have developed multiple options for payment of camp fees this year including a monthly payment option with credit card or echeck or pay in full by May 1st.

Camp options will be available for all 4-H members who will be in going into 3rd-12th grade for the school year following the camp season.

The menu of sessions will include 10 options to be offered June 8 –July 23. Flint Hills District has targeted Session # 4: June 19-22 for attendance. Agent(s) will plan to attend camp during these dates and encourage any Flint Hills District 4-H members to attend during this session. If these dates won't work for your family, choose another session that works better for you, if you wish.

If you have any questions, regarding the new process please let us know.

4-H Enrollment, Re-Enrollment, and VIP Renewals will begin
Friday, October 1 on www.v2.4honline.com

DISTRICT 4-H DATES

September

September 6 - Extension Offices closed
September 7 - State Fair Exhibits due to Extension Office
September 8 - 7:30-8:30 am Horticulture and Foods exhibits can be turned in to the Extension Office
September 10 - 19 - Kansas State Fair
September 12 - State Photography Judging contest
September 18 - State Family and Consumer Science Judging contest
September 24 - Flint Hills District Ambassador Applications DUE
September 27 - Chase Co 4-H Council meeting
September 29 - Ambassador Interviews

Looking Ahead

October 1 - 3 - Kansas Junior Livestock Show
October 3-9 - National 4-H Week
October 10 - Morris Co 4-H Expo and Appreciation Picnic
October 18 - Morris County 4-H Council meeting
November 13 - Morris Co. Achievement Banquet
July 21 - July 29, 2022 - Chase County Fair
July 23 - Aug 1, 2022 - Morris County Fair

Livestock Shows

A complete list of shows available can be found here:
<https://www.asi.k-state.edu/research-and-extension/youth-programs/spring-shows/index.html>

Flint Hills District

Ambassador Applications

New this year, we will have a combined Flint Hills District Ambassadors! Would you like to see 4-H grow in Chase and Morris County? Here is your opportunity!

Apply to be a 4-H Ambassador to help educate others about the value of 4-H. Interact with members across the district as well as civic organizations, families, and businesses.

The Ambassador group will meet as a district to participate in team building, leadership building, education about 4-H and promotion of 4-H. They will also have the opportunity to complete projects within their respective county.

This opportunity is open to members in 8th grade and older. The application is attached to this newsletter. Applications should be emailed to Shandi at sdandres@ksu.edu or dropped off at either Extension Office by Friday, September 24th. Applicants should plan to participate in interviews on Wednesday, September 29. Interview times will be determined once applications have been received.

K-State Research and Extension is an equal opportunity provider and employer.

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services, and activities. Accommodations for persons with disabilities may be requested by contacting the Extension Office two weeks prior to the start of the event at 620-767-5136. Requests received after this date will be honored when it is feasible to do so.

Agent's Tip of the Month



End of 4-H Year

I know life is busy...

As you wrap up this year with completed record books and completed officer books, each club is presenting a new slate of officers and working on a new program book for the 2021-2022 4-H Year.

Take a moment to take a quick breath...

Reflection on the past year usually helps give some guidance in the year ahead. Some questions that you might ask yourself?

- What was your favorite activity, event, or memory from this past year?
- What activity, event, or project do you want to make sure that you participate in this next year?
- What tools do you need? This could be a piece of equipment for the project or an organizational tool.

I have told many people that often times record books are not difficult, but they do require a little time. Time spent at the beginning to get organized in a plan often pays off down the road. This might be a way to track activities or expenses. It could also mean writing new goals for the project so you are intentional in your learning this year.

In the busy-ness, don't forget to take a moment to breathe and reflect to help "Make the Best Better" in the year ahead.

Shandi



Composting: What to Add

For fastest composting, alternate layers of "greens" and "browns". Greens are materials with a high amount of nitrogen as compared to carbon. Browns have less nitrogen as compared to carbon. The mixture of the two produces the "just right" amount of carbon and nitrogen to give the microorganisms just what they need to compost quickly.

The most common greens are fresh grass clippings, coffee grounds, small weeds, fruit and veggie scraps, plant trimmings and animal manure. The browns would include shredded leaves, sawdust, wood chips, hay, straw, dried grass clippings and prunings from small branches. These materials can be mixed together at the start or layered. If layering, alternate layers of brown materials (6 to 8 inches deep) with green materials (2 to 3 inches thick) until you reach a height of 3 to 5 feet. If green materials are in short supply, add 1 to 2 cups per square yard of a commercial garden fertilizer in place of the green material layer. (Ward Upham)

Shannon



2021-2022 Flint Hills District 4-H Ambassador

Application

Mission: Promote the 4-H Program to the families and youth of Chase and Morris Counties through leadership, service and support.

DUE: SEPTEMBER 24, 2021

APPLICATION AND RESPONSES MUST BE TYPED, NOT HANDWRITTEN.

EMAIL APPLICATION AS AN ATTACHMENT TO sdandres@ksu.edu

APPLICATION REQUIREMENTS:

- One full year of experience as a Flint Hills District 4-H Club member (Chase or Morris County)
- 8th grade to age 18
- Current 4-H member

APPLICANT INFORMATION:

Full Name:

Preferred Name:

Home Mailing Address (city, state and zip):

E-mail:

4-H Club Name:

Years in 4-H:

School:

Current Grade:

Phone:

Text – YES OR NO

Date of Birth:

Parent or Guardian Name:

Parent or Guardian Phone:

Parent or Guardian Email:

Text – YES OR NO

Applications must be received via email by midnight on September 24th. All applicants will be contacted following submission of the application to confirm an interview time. Interviews are scheduled for Wednesday, September 29th from 6 – 8 pm scheduling start times every 10 minutes. Your application should be no more than 3 pages in length.

STATEMENT BY 4-H MEMBER:

I have personally prepared this application and believe it to be true.

E-Signature: _____ Date: _____

PLEASE RESPOND TO FOLLOWING QUESTIONS.

1. Define the word 'Leader'.
2. How would you describe your leadership style?
3. What skills have you gained from 4-H?
4. How will 4-H help you in the future?
5. What part of 4-H do you like to talk about most and why?
6. Why do you want to be a Morris County 4-H Ambassador?

Limit total responses to 2 pages.

Achievement Banquet

If you haven't completed the survey yet regarding the 2021 Achievement Banquet, please complete by September 15. This survey is to collect preferences on time and style for the 2021 Achievement Banquet. The link for the survey is attached below.

https://kstate.qualtrics.com/jfe/form/SV_bmhSKEXd8Zjnwppw

4-H Council

The next 4-H Council meeting has been scheduled for Monday, September 27 at 6:15 pm and the Community Building. At this meeting, Council will finalize Achievement Banquet plans and set meeting dates for the next 4-H year. Please be sure your club is represented. Starting the 2021-2022 4-H year, the 4-H Council will plan to meet in the odd months of the year: January, March, May, July, September, November.

Record Books

With the new project record forms this year we will make a few changes in the record book review and judging process.

- Leaders will collect club record books but will not score them at the club level. Please check for completion and that all signature lines are signed.
- Record books and club officer books will be due to the Extension Office by September 27.
- Books will be swapped with another County for scoring. Look for a date soon for leaders or volunteers to sign up and evaluate record books from another County.
- The link for the record book workshop recording was sent out as an attachment in an email.
- Pages should still be included in the 3 ring binder as they have in the past: with current projects at the front and previous projects behind.
- You will only need to complete one personal page and one copy of the permanent record. Each member will need to complete records for at least half of the enrolled projects.
- It is not required to write a 4-H Story and include general pictures. Incorporate some of these general components into each of your stories within the project pages. If you need examples or have questions, please ask.

2022 Fair Update

The Fair Board met on August 29 as a wrap up for the 2021 Fair. Just a few notes to keep in mind.

- Please be sure that ALL thank you notes have been sent to sponsors and buyers. Thanking the community for their support plays a huge part in the continued success of the fair each year.
- Dates for the 2022 Fair have been set for July 21 -29. There will likely be a few schedule changes. The specific schedule of events will be determined at a separate meeting.
- There have been some project updates at the Kansas State Fair with class options. Look for an email with those specific details on adjustments for Chase County Fair prior to 4-H Online opening for 2021-2022 Enrollment.
- Market goats will be allowed to participate in the 2022 Livestock Premium Sale. The limit of members being allowed to sell one animal per specie will remain in place.

Business Appreciation

Business appreciation lists are being assembled as they have in the past. Leaders will be notified when they are ready.



*4-H Enrollment, Re-Enrollment,
and VIP Renewals will begin
Friday, October 1 on www.v2.4honline.com*

SEPTEMBER 2021 CHASE COUNTY



Sun Mon Tue Wed Thu Fri Sat

			1 DEADLINE TO COMPLETE FAIR SURVEY	2	3	4
5	6 LADDER DAY NO SCHOOL EXT. OFFICE CLOSED	7 STATE FAIR EXHIBITS DUE TO EXTENSION OFFICE	8 7:30 -8:30 AM STATE FAIR EXHIBITS DUE TO EXTENSION OFFICE	9	10 KANSAS STATE FAIR BEGINS	11
12 STATE PHOTOGRAPHY JUDGING CONTEST	13	14 CWF 2022 PLANNING ZOOM	15 DEADLINE TO COMPLETE ACHIEVEMENT PANQUET SURVEY	16	17	18 STATE FCS JUDGING CONTEST
19 LAST DAY OF KANSAS STATE FAIR	20	21	22	23	24	25
26	27 NO SCHOOL 6:15 PM 4-H COUNCIL RECORD BOOKS DUE TO OFFICE	28	29	30		

Alison Bachura
Noah Balboa
Marcelo Balboa
Colton Cooper
Eli Day
Julia Filingen
Casten Honer
Enley Lauer
Laramie Mayer



Haylee Nielsen
Jayden Patry
Ransom Tiffany
Anna Schrader
Joshua Small
Maxton Villalobos
Paisley Voboril
Kasey Wilson

A Flashback in 4-H History



Sam Miser family at Chase County Fair, 1957

Cloverbuds

We are in search of a volunteer willing to lead our County Cloverbud group. Amber Davis plans to step down from this position following the August Cloverbud activities. If you are interested in this volunteer role please let Shandi know.

Carcass Contest Results

The Carcass Contest Banquet was held on Thursday, August 12th at the community building. Speakers relating Meat Science and the Beef Industry presented information relevant to those industries today. Results were then shared along with awards. For swine, the Grand Champion Carcass went to Kyler Rose with Reserve Champion awarded to Mason Goeckel. For beef, the Grand Champion Carcass belonged to Cooper Andres. Cooper was also awarded the Reserve Champion Beef Carcass.

Record Book Judging

4-H record book judging will be held on Wednesday, October 13th from 11 am to 7 pm in the Extension Office. We ask that each club send at least 3 representatives to help with judging; more are always welcome to join us. There will be a meal provided for lunch and dinner. Please contact the Extension Office by Monday, October 10 to let us know who will be attending and representing your club so we can plan for food.

4-H Expo/Appreciation Picnic

Our annual 4-H Expo and Appreciation Picnic will be held on Sunday, October 10 from 4-6 pm at the Morris County Fairgrounds.

We would like each club to provide a member or several members willing to give project talks, demonstrations, or readings. We will allow 10 minutes for each project talk beginning at 4:10. Our goal is to have at least 5!

We would also like to encourage each club to have a booth displaying their club's various information and accomplishments. A "brag booth" of sorts.

County or Club Project leaders may also have a table/booth to share about their project or offer an activity.

The picnic meal will begin at 5:15 pm. The meal is open to the community as an appreciation for their support of 4-H.

Please share this with your clubs and report to the Extension Office with a list of members who are planning on giving talks at the Expo as well as those wishing to have a booth. Any other ideas are appreciated.

2022 Morris County Fair

The dates for the 2022 Morris County Fair have been set for July 23 - August 1. Mark your calendars and we hope to see you then!

Important Dates

Fair Board Meeting

Wednesday, Sept 8

4- H Council Meeting

Monday, Oct 18

Record Books

With the new project record forms this year, just a few things to keep in mind:

- Record books, pin applications, project meeting report forms, key awards, club summaries and club officer books will be due to the Extension Office by October 4.
- The link for the record book workshop recording was sent out as an attachment in an email.
- Project pages can be submitted in their own folder with prongs or all included in one 3-ring binder. If you use a 3-ring binder, please label on the front, the projects included.
- You will only need to complete one personal page and one copy of the permanent record.
- It is not required to write a 4-H Story and include general pictures. Incorporate some of these general components into each of your stories within the project pages. If you need examples or have questions, please ask.

Achievement Banquet

The date for the Achievement Banquet has been set for Saturday, November 13th from 6-8 pm. We will plan to begin with the meal, followed by the program. Mark your calendars!

Club and Project Leader Training

All club leaders and project leaders are strongly encouraged to attend leader training. Training will be held in person on Monday, October 25th from 6-8 PM at the Morris Co. Courthouse.

6-7 pm Club Community Leaders

7-8 pm Any Project Leaders (County or Club)

Officer Training

Officer training will be held in person at the Morris Co. Courthouse on Thursday, October 28th from 6:30-8 PM.

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SEPTEMBER 2021 MORRIS COUNTY



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 LABOR DAY NO SCHOOL EXT. OFFICE CLOSED	7 STATE FAIR EXHIBITS DUE TO EXTENSION	8 FAIR BOARD MEETING 7:30 - 8:30 AM KSF EXHIBITS DUE TO EXT. OFFICE	9	10 KANSAS STATE FAIR BEGINS	11
12 STATE PHOTOGRAPHY JUDGING CONTEST	13	14 CWF 2022 PLANNING ZOOM	15	16	17	18 STATE FCS JUDGING CONTEST
19 LAST DAY OF KANSAS STATE FAIR	20 USD 481 - NO SCHOOL	21	22	23	24	25
26	27 USD 417 - NO SCHOOL	28	29	30		

Flint Hills District 4-H News

Flint Hills Extension Office

Shandi Andres
Agent, Family & Consumer Sciences/4-H

Shannon Spencer
Agent, Agriculture &
Natural Resources/4-H

BettyAnn Yeager
Office Professional

September 2021 Newsletter

Flint Hills Extension District

K-STATE
Research and Extension



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