

OCTOBER 2020

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Attachments:

October Calendar

*If you have items you would like in the monthly newsletters, please notify the Extension Office by the 20th of the month.
Thank you!*

K-STATE

Research and Extension



MORRIS COUNTY 4-H NEWS

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4-H Council Meeting

Will be held via Zoom on
Monday, October 19
<https://ksu.zoom.us/>

Fair Board Meeting

Will be Wednesday, October 14
at the courthouse.

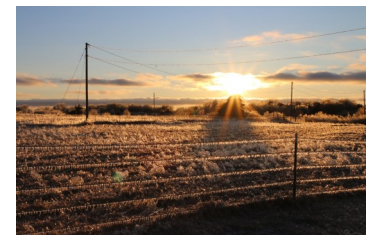
Kansas State Fair Exhibits

Congratulations to all of the
4-Hers who participated in the
Kansas State Fair!
Morris County was well
represented and we are proud
of your accomplishments.



Feature Photo

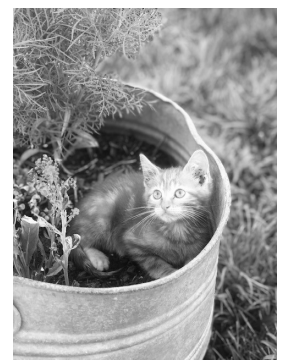
The photo taken by Michelle Patry of Dwight Sunflowers was selected to hang on the wall in the Extension Office lobby. Stop by and check it out soon!



Stationery Winners

The 2020 Morris County Fair photos chosen to be included with Michelle's photo for the stationery notecards are as follows:

- Buffalo-Daleyna King
- Flowers-Mark Andres
- Field-Lexi Todd
- Goat-Castyn Andres
- Kitten-Kimberly Davis



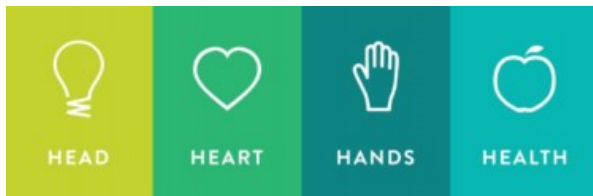
Due October 1st

Don't forget! Record books, pin applications, key award applications, project meeting forms (club and county), club officer books (historian books not included), club summaries, friend of 4-H nominations, and 4-H alumni nominations are all due to the Extension Office by 5pm on Monday, October 5, 2020.

ENROLLMENT AND DEADLINES

4-H Enrollment

It is almost time to enroll for 4-H again! The process is the same as last year. Please note that the 4-H Online has updated so you will notice a few differences. The link is <https://ks.4honline.com>. **New enrollments and re-enrollments begin October 1 and need to be completed by November 1.** The system is accessible with a dial-up connection or with iPads, tablets, and smart phones. The Extension Office will be happy to provide help to families who do not have internet accessibility. If you need a copy of the re-enrollment brochure or the new family enrollment brochure with step by step instructions, please call the office. For the new 4-H families, brochures will be available from the Club Leaders, the Extension Office, and you may also find them on our website at <http://www.flinthills.k-state.edu/4-h/morris-county/>. Please let us know if you have any questions. Just a reminder that there is a \$15 enrollment fee. The 4-H Foundation will pay the fee for those who turn in record books. They will also pay the fee for new members and new families.



Record Books

Record books and pin applications are due in the Extension Office by Monday, October 5. Forms are online at: www.flinthills.ksu.edu. As you are preparing your record books, please remember the following:

- Junior Division (7 & 8 Year Olds) – Will be using the Junior KAP form this year. When writing your stories, remember they need to be project-specific. You can include information from your 4-H year as it relates to your project.
- Intermediate Division (9-13 Year Olds) and Senior Division (14 & Older) – When writing your stories for your KAPs, remember that your story needs to be project specific. You may include information from your 4-H year as it relates to your project.
- Permanent Records – Remember that the permanent record is a continuous document of the activities throughout your 4-H career. In other words, the current year's activities should be added to the previous year's document.
- Application Signatures – Remember to have your award applications and pin applications signed by your club leaders and a parent/guardian. Be sure to use the most updated check sheet.

An order of assembly for record books is posted on our website. If you have questions about completing record books, filling out pin award applications or what pin application you can apply for, please contact the Extension Office.

Volunteers

- Every community and project leader (Club and/or County) will need to update, or start a profile in 4-H Online if you haven't already done so. Once you update your profile it will automatically renew your VIP status every year. There is no longer a need to fill out the renewal form.
- The State is still requiring you to re-screen every 3 years after your initial year. **You will complete the form online via 4-H Online--no more paper copies.** We will submit the National Criminal Background Check for you as long as you have completed the Validity check in the past. A second background check is not required.
- You will only be required to complete the Orientation Training and Agent Interview if you have not completed the volunteer screening in the past. You will also need to complete the CBC (Validity) background check if you have not completed it in the past. The link will be provided to you.
- One other major change is that 'episodic' volunteers have been changed to 'Adult Helpers' instead. Now it is more defined, so hopefully it won't be as confusing as it was before.

The volunteer renewal process will begin October 1 along with 4-H enrollment and re-enrollment. If you completed it last year, it should remain as your permanent record in 4-H Online. It will just need to be edited each year going forward. You will receive an e-mail or letter if you need to complete anything other than updating the profile.

4-H Key Award

4-Hers who are 16 years old or older may apply for the 4-H Key Award. Requirements for the award include completing at least four years of 4-H work, being enrolled in the leadership project for at least four years, and fulfilling at least nine other requirements on the application. The application can be found on the Flint Hills District website at flinthills.ksu.edu. Once at the website, click on the 4-H Youth Development tab on the left-hand side of the screen and then click on the Morris County Information tab. Applications are due **Monday, October 5.**

Friend of 4-H and 4-H Alumni Nominations

Each year, 4-H clubs in Morris County are asked to nominate individuals they feel have contributed to the 4-H program and are worthy recipients of the Friend of 4-H or 4-H Alumni awards. Both of these awards are given out at the 4-H Achievement Banquet. If you have someone you think would be a great candidate, let your club leader know. Nominations are **due with the 4-H Club Summary on Monday, October 5.**

4-H INFO AND AWARDS

4-H Expo

Morris County has put a mass gathering order in place for a limit of 25 people. We will change the 4-H Expo portion of the day to a Virtual Format. Currently, we will plan to hold the Appreciation Picnic in conjunction with Project Day in February. To allow 4-H members, leaders, parents, and alumni the opportunity to still participate in the 4-H Expo, please upload a video to our 4-H Expo on Flip Grid. There are three categories: Why Join 4-H?, Projects, and Clubs, Ambassadors & Activities. Participants are able to upload more than one video to share about 4-H. Use the link below. All videos must be uploaded by October 11 to participate! <https://flipgrid.com/mrco2020expo>

Kansas Youth Leadership Forum

What: Come and build your leadership skills and potential through workshops, consulting groups, inspirational speakers and more. In addition, the 2020 State 4-H Youth Leadership Council will be elected at KYLF. This year's theme is: "Let's Taco 'Bout Leadership"
When: November 21-22, 2020

Where: Virtually

Who: Youth 14-18 years of age before January 1, 2020
Registration: Open late Summer of 2020
Early Registration Deadline: October 15, 2020
 Look for more details soon!

Club Leadership Rosters

As club elections are completed, Community Leaders will need to be sure the Club Leadership Roster is turned in to the Extension Office. These will be e-mailed to the Club Community Leaders.

Club Summaries

The Club Summaries are due into the Extension Office by Monday, October 5. You can find the updated form on our website.

Club Officer Books



Club secretary, reporter, and treasurer books need to be submitted to the Extension Office on Monday, October 5. Clubs do not need to turn in their historian book.

Kansas State Fair Results

Lexi Todd	Color Photos-3 yrs or less in project	Blue
Cooper Andres	Color Photos-3 yrs or less in project	Blue
Laramie Mayer	Color Photos-3 yrs or less in project	White
Jayde Price	Color Photos-3 yrs or less in project	Blue
Jacob Kasten	Color Photos-4-7 yrs in project	Red
Sara Koepsel	Color Photos-4-7 yrs in project	Blue
Cassidy Dalquest	Color Photos-4-7 yrs in project	Blue
Jaycie Swisher	Color Photos-4-7 yrs in project	Blue
Avery Lee	Color Photos-8 yrs or more	White
Trinadee Fetters	Patchwork or Quilted Article	Blue
Samuel Barr	Macramé	Purple

Laramie Mayer	Non-Perishable Food, 9-11 yrs old	Red
Ronald Mayer	Non-Perishable Food, 9-11 yrs old	Red
Jacob Kasten	Non-Perishable Food, 12-14 yrs old	Purple
Samuel Barr	Sweet Spreads/Syrups one jar	Purple
Trinadee Fetters	Shooting Sports; Educational Dsply	Blue
Kason Spear	Shooting Sports; Educational Dsply	Blue
Trinadee Fetters	Garden Display	Blue
Carissa Dalquest	Young Women Clothing/Textiles	Red
Lakoddah Downes	Demonstration/Illus. Talk (individ)	Red
Ronald Mayer	Senior Buck (rabbit)	Blue
Haylee Nielsen	Senior Doe (rabbit)	Blue
Laramie Mayer	Senior Doe (rabbit)	Blue

Project Meeting Forms

Club and County Project Leader reports for meetings held during the 2019-2020 4-H year are due to the Extension Office by Tuesday, October 5. These forms are used to report 4-Her attendance as well as presentations given by 4-Hers at club and county project meetings. The form can be found on our website.

National 4-H Week

National 4-H week will be October 4-10, 2020. Clubs are encouraged to inform their communities about the 4-H program during this week. 4-H members should be prepared to discuss contests, presentations, displays, and other ways to promote 4-H. If your club wants ideas for activities during National 4-H Week, contact the Extension Office, as there are some great promotional materials. National 4-H Week is a great opportunity to share enthusiasm and promote the benefits of the 4-H program to our communities.

48 Hours of 4-H

What: Join us this fall in seeing just how much we can give back to our communities! The weekend after National 4-H Week, is the perfect opportunity to setup a service project. Invite your friends, clubs, adult volunteers and 4-H Alums too! Find all the information here and start planning your projects. Please register your projects and then follow up with a report so we know about all the great things that happened across the state. 48 Hours of 4-H is the perfect compliment to **#InspireKidstoDo**

When: October 10-11, 2020

Who: 4-H Members, 4-H Clubs, Friends, Adult Volunteers, Parents, 4-H Alumni, Partnerships, Community Organizations, Potential 4-H Families

More details for the 2020 event can be found here:

<https://www.kansas4-h.org/events-activities/conferences-events/48-hours-of-4-h/index.html>

Club and Project Leader Training

All club leaders and project leaders are strongly encouraged to attend leader training. Training will be held via Zoom on Tuesday, November 3 from 6-8 pm.

Officer Training

Officer Training will be held on Monday, November 2 from 6-8 pm. Details are being finalized to meet COVID protocols. Hold the date on your calendar and look for more information soon.

Friend of 4-H Appreciation Picnic

We currently plan to hold this event in conjunction with Project Day in February 2021.

Record Book Judging

4-H record book judging will be held on **Tuesday, October 13** from **11 am to 7 pm** in the Extension Office. We ask that each club send at least 3 representatives to help with judging; more are always welcome to join us. There will be a meal provided for lunch and dinner for those who help with judging. Please contact with Extension Office by **Monday, October 12 to let us know who will be attending and representing your club** so we can plan for food.

Achievement Banquet

The annual 4-H Achievement Banquet will be held on Saturday, November 14 at 6pm. Details are being finalized to meet COVID protocols. Hold the date on your calendar and look for more information soon.

State FCS Judging

Congratulations to those who participated in the State Family and Consumer Science Judging Contest. Participants were: Castyn Andres, Cooper Andres, Macey Hensley, Haylee Nielsen, and Jacob Kasten.

Photography Judging

Participants in the Photography Judging Contest were Laramie Mayer, Cooper Andres, and Castyn Andres. Great job to you all!

Career Development for Citizenship Project

- Explore local issues by visiting city and county commission meetings.
- Research international careers and invite a speaker to share how one prepares for that career.
- Apply to be a page in the State Legislature.
- Interested in a college education in the area of political science, sociology, or public service in agriculture? Schedule a visit with K-State University to explore those majors.
- Create a notebook about the things you learned on Citizenship In Action (CIA) and how it impacted you.



Shandi's Tip of the Month

Communication is KEY!

Communication is one of 4-H Projects available each year during enrollment. This project focuses on learning how to help interpret verbal and nonverbal information, develop effective public speaking skills, enhance written and spoken communication, defend a point, design a presentation, and more. One of the classes that I teach in the community is Strengthening Families. In that curriculum they have a great list of boulders which stand in the way of good communication. Remove communication boulders to show value, respect, and improve communication.

Sarcasm - cutting humor that insults ideas, efforts or intelligence

Put Downs -mocking a person

Crabby Voice -using cross or angry tones

Slash and Burn -yelling, name calling, and insults

Hostile Criticism -criticism that is hostile, insensitive, or harsh

Always - Never - absolutes are usually inaccurate

Blame Game - often creates negative feelings

Mind Reading -implies one knows another's thoughts

Flooding -long comments come across as lecturing or nagging

Stonewalling - refusing to admit or acknowledge a concern

Take Offense -when we feel blamed or misunderstood

Dumping -bringing up old arguments or mistakes

Instead choose good communication strategies like using I-messages and LUV Listening (Listen, Understand, Validate) to have better discussions.

Shandi



Shannon's Tip of the Month

Harvesting Sweet Potatoes

Sweet potatoes should be harvested no later than the first fall freeze because cold temperatures can damage the sensitive roots. However, you may want to harvest earlier than normal this year as the sweet potatoes seem to be sizing more quickly than usual. Test dig a hill to see if they are the size you want.

Sweet potatoes should be cured after being dug. The digging process often damages the tender skin, and curing helps these small wounds heal. Place the roots in a warm, humid location for 5 to 10 days immediately after digging. A location with a temperature around 85 to 90 degrees is ideal. A space heater can be used to heat a small room or other area. Raise the humidity by placing moist towels in the room. The curing process not only heals wounds but also helps convert starches to sugars. This process improves the texture and flavor of the roots.

Sweet potatoes should be stored above 55 degrees. Storage at temperatures below that injures the roots, shortens storage life and gives them an off flavor.

(Ward Upham)

Shannon



IMPORTANT DATES

4-H EVENTS

October 1 - 4-H Online opens for enrollment, re-enrollment, and VIP renewals
October 5- KAPs, Pin Applications, Record Check Sheets, Club Record Books, Club Summaries DUE
November 2 - Officer Training
November 3 - Club Leader and Project Leader Training
November 14- Morris County Achievement Banquet
November 21-22 - KYLF (Kansas Youth Leadership Forum)

LIVESTOCK EVENTS

October 2-4 - Kansas Junior Livestock
MARK YOUR CALENDARS FOR 2021
July 9-11 - Tri-County Fair
July 17-26 - Morris County Fair

Kansas State Fair Horse Show Participants



Seen pictured are Laramie Mayer and Michelle Patry



Chancy Johnson

Whitney Tiffany

Addie Koch

Kason Spear

Ian Effland

Attalie Spear

Ronald Mayer

Cutler Kasten

Rylee Powell

Elkan Spear

Mandy Wainwright

Cooper Andres