

FHD Extension News

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Agriculture News

Tax Strategies for Midwestern Farm and Ranch Women is a three-part extension workshop produced in collaboration between Women in Agriculture programs in Kansas, Indiana, and Nebraska. It will focus on the basics of tax planning for farms and ranches. Speakers will be broadcast virtually via Zoom. Attending this series offers you the chance to build your tax management knowledge and skills. Participants are encouraged to attend all three sessions and recordings will be provided to registered participants. The sessions are open to anyone.



Program runs 6:30-8:00 pm Central Time each night.

Nov. 28th, Dec. 5th, Dec. 12th

Fee: \$30.00 for entire series.

Registration: <https://web.cvent.com/event/1bfff2f5-14e7-41a6-a158-76fa65e2737c/summary>

This is all via Zoom; connection information will be emailed upon registration.

Class 1 – Introduction

Basic tax information: What are income taxes? What are income tax brackets?
 Who qualifies as a Farm for tax reporting purposes?
 What is a schedule F?
 Cash vs. Accrual Accounting
 Tax Documentation

Class 2 – Schedule F Basics

How do you choose an accountant?
 What are common farm and ranch deductions?
 What other non-farm from/for AGI deductions should farmers and ranchers consider?

Class 3 – Advanced Topics

1099s
 Tax Strategies
 Shifting income (pre-paid expenses, deferred payment contracts)
 Accelerated depreciation
 Income Averaging
 Loan forgiveness

This material is based upon work supported by the U.S. Department of Agriculture, under agreement number FSA22CPT0012189.

K-STATE COW/CALF PRODUCTION CLINIC



"NAVIGATING OPPORTUNITES & RISKS: PRODUCTION AND FORAGE CONSIDERATIONS"

DECEMBER 7, 2023



Flint Hills District & Lyon County Extension
Bowyer Community Building- Lyon County Fairgrounds,
2700 W US Hwy 50, Emporia, KS
10 AM- 2:30 PM

RSVP TO: Chelsea Bartels (chelse1@ksu.edu or 620-273-6491) or Brian Rees (brees@ksu.edu or 620-341-3220)



10:00 AM

Registration/Coffee and Beverages

10:30 AM

Introductions & Interactive Poll-
What keeps you up at night?

11:00 AM

Dr. Jenny Ifft- KSU Dept. of Ag Economics-
Making Dollars & Cents of Our Risk Management Tools

11:45 AM

**Chelsea Bartels & Brian Rees- Forage Sampling in
Drought Year**

12:20 PM

Lunch

1:00 PM

**KSU Beef Specialist Team- Implications of Forage
Sampling with Alternative Forages/Feeding Options**

1:45 PM

Open Discussion, Q&A

2:30 PM

Program Concludes

Kansas State University is committed to making its services, activities, and programs accessible to all participants. If you have special requirements due to physical, vision or hearing disability, or others contact Chelsea Bartels or Brian Rees.

Kansas State University Agricultural Experiment Station and Cooperative Extension Service K-State Research and Extension is an equal opportunity provider and employer. Issued in furtherance of Cooperative Extension Work, Acts of May 8 and June 30, 1914, as amended. Kansas State University, County Extension Councils, Extension Districts, and United States Department of Agriculture Cooperating, J. Ernest Minton, Director.

Registration fee is \$5 and
can be paid at the door
with cash or check.
Register by November 30

Kansas 4-H invites you to make the difference in the life of a young person. Volunteers make 4-H possible through the passion, skills, and talents they share with young people. 4-H Volunteers are screened and receive ongoing training. Assisted by local staff, they guide youth learning using research-backed curriculum. We hope you will consider volunteering to work with youth in Kansas 4-H. The Kansas 4-H Youth Development Program depends on adult volunteers to provide supportive mentoring, helping youth grow into true leaders.

Your first step to volunteer would be to contact your local Extension Office; you will need to do this before volunteering in order to discuss the 4-H Volunteer Application process. Talking to your local extension office is your first step in the volunteer process. You will then complete your application through 4-H Online. All Kansas 4-H volunteers must complete the Kansas 4-H Volunteer Screening process through their local Extension Office to work with Kansas 4-H youth. Your local Extension Office will guide you through the process.

Kansas 4-H offers a wide variety of involvement opportunities for adult volunteers, from a one-time event or program to a multi-year experience as a club or project leader.

November is National Diabetes Month

What is Dining with Diabetes?

Dining with Diabetes is a K-State Research and Extension health and wellness program that consist of a series of four classes that includes learning, demonstrations, physical activity and tasting healthy foods. The program's focus is to help individuals learn strategies to lessen the health risks of diabetes.



Program Objectives

- Increase knowledge about healthy foods
- Present healthy versions of familiar foods and taste testing of recipes
- Demonstrate new cooking techniques
- Provide basic information regarding diabetes and nutrition
- Provide opportunities for sharing and learning from one another and from diabetes health professionals

Program Description

Dining with Diabetes is a national extension program provided to Kansans by K-State Research and Extension Family and Consumer Sciences professionals and community health partners. The program is a series of four 2-hour classes that are held once a week. Classes consist of a presentation on diabetes self-care or healthful food choices; a five to ten minute low-impact physical activity; presentations on tasty, healthy familiar foods, sampling foods, and demonstrations of cooking techniques using artificial sweeteners, reduced-fat foods, herbs, and spices.

Who can participate?

The program is designed for people with diabetes and their family members, caregivers, and support persons.

Dining With Diabetes Online Registration:

<https://www.enrole.com/ksu/jsp/course.jsp?categoryId=ROOT&courseId=DWDONLINE>

K-STATE
Research and Extension

Flint Hills District

Flint Hills Extension District

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